Platelet Disorder Support Association

ITP CONFERENCE 2025

The premier patient event

25TH ANNUAL

July 25 - July 27 | Philadelphia, PA

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ITP CONFERENCE 2025

ABOUT PDSA

The **Platelet Disorder Support Association (PDSA)** is dedicated to enhancing the lives of people with immune thrombocytopenia (ITP) and other platelet disorders through education, advocacy, research and support. Patient-founded in 1998 to educate and empower those impacted by ITP and other rare platelet and bleeding disorders, PDSA is now a powerful force serving and unifying the global community of patients, practitioners, caregivers, advocates, and key disease stakeholders. PDSA is committed to building awareness, educating the global community, and providing critical connections and resources that empower patients to take charge of their disease and encourage practitioners to exercise patient-centered medical care. PDSA receives no federal funding. It never has. Charitable gifts from our individual and corporate donors, membership contributions, and inspiring awareness and philanthropic events coordinated by committed volunteers energize, uphold and preserve our mission.

PDSA Programs and Services

PATIENT EDUCATION - PDSA is home to the most extensive patient-focused library of current ITP disease, treatment and research information available online and in print.

PATIENT SUPPORT - Our patient-centered programs and services connect ITP patients and caregivers, build awareness, promote community, and empower ITP patients to take control of their disease.

AWARENESS & ADVOCACY - We are committed to ongoing awareness, advocacy and collaborations with other patient advocacy groups, researchers and government agencies to drive public policy, develop new treatment options and fund research to find a cure.

PLATELET DISORDER RESEARCH - We support investigations that examine the pathogenesis and management of primary ITP and present the most promising outlook to significantly improve diagnosis, therapies, and patient quality of life.

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Craig Kessler, MD*
David Kuter, MD, DPhil*
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John Semple, PhD
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** Conference Speaker*

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440-746-9003 | pdsa@pdsa.org | pdsa.org

ITP CONFERENCE 2025
AGENDA

FRIDAY, JULY 25

1:00 - 5:00 PM	Registration/Exhibits Open	Ballroom Foyer
3:00 - 3:15 PM	**Welcome** Caroline Kruse, PDSA President and CEO	Ballroom
3:15 - 4:15 PM	**The Phases of ITP** Terry Gernsheimer, MD	Ballroom
	Navigating the Patient Journey: From newly diagnosed to chronic ITP David Kuter, MD, DPhil and Diane Nugent, MD	Ballroom
	ITP in Teens: A medical overview Rachael Grace, MD, MMSc and Michele Lambert, MD, MSTR	Mt. Vernon
4:15 - 5:00 PM	BREAK	
5:00 - 6:00 PM	**Sobi-sponsored Educational Dinner Program and PDSA Trivia**	Ballroom
6:00 - 6:15 PM	BREAK	
6:15 - 7:30 PM	**Inquire & Inspire: Patients ask the experts & share personal journeys (small group sessions)**	
	Canadian Patients & Caregivers Kristin Hunt, MDCM, MSc, FRCP (C) and Ishac Nazy, PhD	Graff House
	For Teens Only Michael Tarantino, MD and staff	Montpelier
	Other groups based on geographic location James Bussel, MD, Douglas Cines, MD, Annemarie Fogerty, MD, Terry Gernsheimer, MD, Rachael Grace, MD, MMSc, Craig Kessler, MD, David Kuter, MD, DPhil, Michele Lambert, MD, MSTR, Howard Liebman, MD, Diane Nugent, MD	Grange, Mt. Vernon, Monticello, Stenton

SATURDAY, JULY 26

***Enjoy free, secure WiFi on Saturday! Password:** KnowWhatCounts

WiFi Sponsored by: sanofi

8:00 - 9:00 AM	**Registration/Exhibits Open**	Ballroom Foyer
	Continental Breakfast	Stenton & The Commons

9:00 AM - 10:15 AM	**The Pathophysiology of ITP: What we have learned these past 25 years**........Ballroom Ishac Nazy, PhD **When to Involve an Immunologist in Your ITP Journey: A professional and patient perspective.....**........Ballroom Kristin Hunt, MDCM, MSc, FRCP (C) **When It's Not ITP: Testing and genetics**........Ballroom Michele Lambert, MD, MSTR
10:15 - 10:30 AM	BREAK
10:30 - 11:30 AM	**Inquire & Inspire: Patients ask the experts & share personal journeys (small group sessions)** **General ITP Questions**........Bedford, Graff House, Monticello James Bussel, MD, Douglas Cines, MD, David Kuter, MD, DPhil, Howard Liebman, MD, Diane Nugent, MD **ITP in Children**........Grange Rachael Grace, MD, MMSc, Michele Lambert, MD, MSTR, Michael Tarantino, MD **For Women and Girls Only: Rare bleeding disorders during adolescence and pregnancy**........Mt. Vernon Annemarie Fogerty, MD, Terry Gernsheimer, MD, Dee Terrell, PhD *Please note: Attendance is limited to women and girls only.* **ITP and Aging: Addressing the unique challenges**........Ballroom Craig Kessler, MD
11:30 - 11:45 AM	BREAK
11:45 AM - 1:00 PM	**Quality of Life in ITP: Fatigue, bleeding, oral health, cognitive impairment**........Ballroom Terry Gernsheimer, MD, Craig Kessler, MD, David Kuter, MD, DPhil, Dee Terrell, PhD
1:00 - 2:00 PM	**Lunch Break with PDSA Medical Advisors**........Stenton & The Commons
2:00 - 3:00 PM	**ITP: New targets, new agents, and new possibilities**........Ballroom James Bussel, MD, David Kuter, MD, DPhil, Howard Liebman, MD
3:00 - 3:15 PM	BREAK
3:15 - 4:15 PM	**ITP in Adults: Q&A**........Ballroom James Bussel, MD, Douglas Cines, MD, Craig Kessler, MD, David Kuter, MD, DPhil, Howard Liebman, MD, Diane Nugent, MD **ITP in Children: Q&A**........Mt. Vernon Rachael Grace, MD, MMSc, Michele Lambert, MD, MSTR, Michael Tarantino, MD **Challenges for Women with ITP Later in Life**........Monticello Annemarie Fogerty, MD and Terry Gernsheimer, MD

4:15 - 4:30 PM	BREAK
4:30 - 5:15 PM	**Access to Care: Navigating the maze of ITP treatments**.......Ballroom Michele Lambert, MD, MSTR and Becky Burns, COO, Bleeding & Clotting Disorders Institute
5:15 - 5:30 PM	**Announcements**..Ballroom Caroline Kruse, PDSA President and CEO
5:30 - 6:30 PM	BREAK
6:30 - 7:30 PM	**Sanofi-sponsored Educational Dinner Program "Know What Counts: An Open Conversation about ITP"**..................................Ballroom
8:00 - 10:00 PM	**Saturday Evening Fun Event** Meet in hotel lobby

SUNDAY, JULY 27

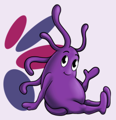
9:00 - 10:30 AM	**Continental Breakfast**..Stenton & The Commons **Support Group Facilitators' Breakfast**.......................................Mt. Vernon
10:30 - 11:30 AM	**Meeting the Challenge of Rare Disease in the Family: 25 years of lessons learned**...Ballroom Al Freedman, PhD
11:45 AM - 12:45 PM	**Living with ITP: Patients share their stories**...............................Ballroom
12:45 - 1:00 PM	**Closing Remarks**...Ballroom

*Inquire & Inspire: Patients ask the experts and share personal journeys (small group sessions): Room assignments included in your name badge

**A separate track for teens and young adults can be found on the next page

***Agenda and speakers subject to change

ITP KIDS KAMP



will be meeting in the **Randolph House** Meeting Room, on the **Lower level**!

FRIDAY	SATURDAY	SUNDAY
3 PM - 4:15 PM	9 AM - 1 PM	10:30 AM - 1 PM
6:15 PM - 7:30 PM	2 PM - 5:30 PM	

AGES 5-12

ACTIVITIES:

- GAMES
- ARTS & CRAFTS
- MOVIES
- AND MORE!

*Children must be picked up during scheduled meals and breaks

ITP CONFERENCE 2025

TEEN TRACK

FRIDAY, JULY 25

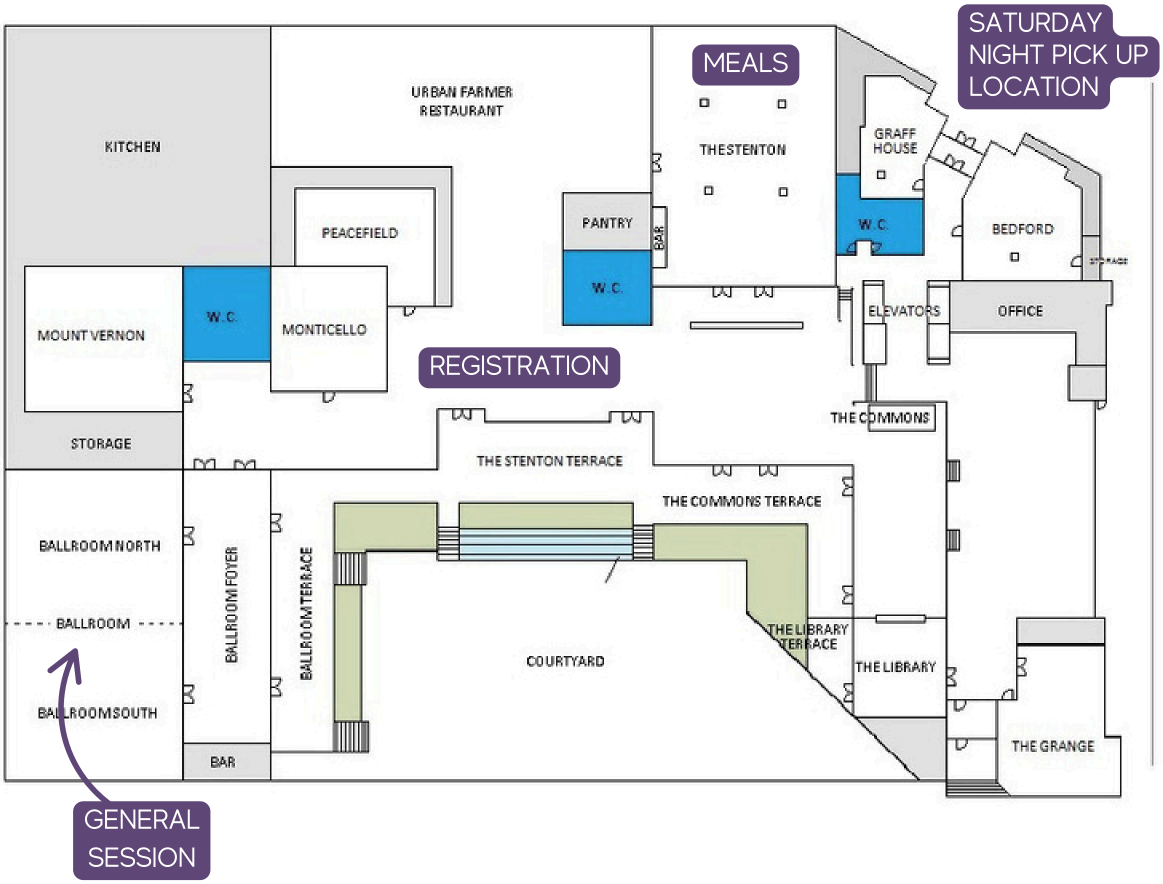
3:00 - 3:10 PM	**Welcome** Caroline Kruse, PDSA President and CEO	Ballroom
3:10 - 4:15 PM	**Parents and Teens Session** Rachael Grace, MD, MMSc, and Michele Lambert, MD, MSTR	Mt. Vernon - lobby level
4:15 - 5:00 PM	BREAK	
5:00 - 6:00 PM	**Sobi-sponsored Educational Dinner Program and PDSA Trivia** Sponsored by Sobi	Ballroom
6:00 - 6:15 PM	BREAK	
6:15 - 7:30 PM	**Inquire & Inspire: Teen gathering** Michael Tarantino, MD and staff	Montpelier - lower level

SATURDAY, JULY 26

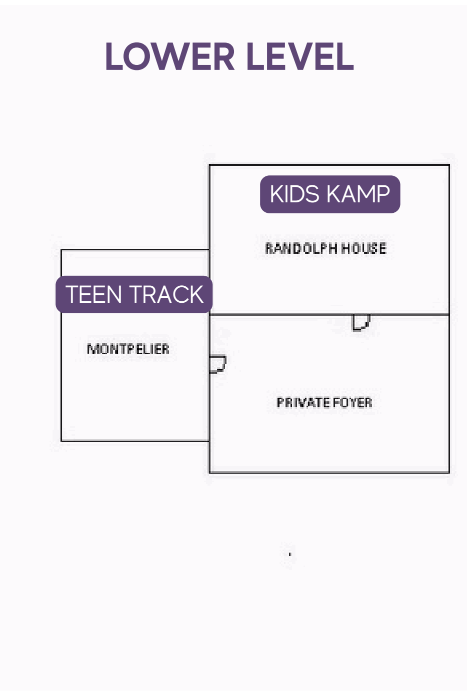
8:00 - 9:00 AM	**Breakfast together**	Stenton meeting room - lobby level
9:00 - 9:15 AM	**Group Picture; Photo Booth**	Ballroom Foyer
9:15 - 10:15 AM	**Teens and Advocacy: How you can make a difference** Jim Romano, Care and Cure Partners	Montpelier - lower level
10:15 - 10:30 AM	BREAK	
10:30 - 11:30 AM	**Inquire & Inspire**	Breakout Rooms - lobby level
11:30 - 11:45 AM	BREAK	
11:45 AM - 1:00 PM	**Group Project**	Montpelier - lower level
1:00 - 2:00 PM	LUNCH	
2:00 - 3:00 PM	**Scavenger Hunt**	Montpelier - lower level
3:00 - 3:15 PM	BREAK	
3:15 - 5:30 PM	Free Time *(pool, courtyard, etc.)*	
5:30 - 6:30 PM	BREAK	
6:30 - 7:30 PM	**Sanofi-sponsored Educational Dinner Program "Know What Counts: An Open Conversation about ITP"**	Ballroom
8:00 - 10:00 PM	**Saturday Evening Fun Event** Meet in hotel lobby	

THE LOGAN HOTEL

LOBBY LEVEL



LOWER LEVEL

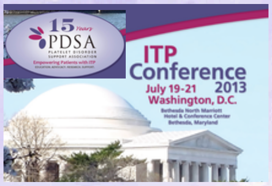


the platelet STORE

Shop our unique collection of ITP Awareness items, located in the Ballroom Foyer!

FRIDAY	SATURDAY	SUNDAY
1:00 PM - 4:30 PM	8:00 AM - 5:45 PM	9:00 AM - 1:00 PM

"Walking into my first PDSA conference was so exciting and it only got better from there. I just loved being around so many people who understood."



"I discovered that there are options, and that I have a voice in my care."

25 Years of ITP Conferences with YOU!

"As a spouse it was helpful for me to understand all of the potential issues that my wife was facing, or could face, and know that there is a community to reach out to. I no longer felt helpless in advocating or supporting her."

"One of the greatest blessings of my life has been my association with the PDSA"

"I had never met anyone with ITP before and made some life- long friends!"

Seattle, WA

Chicago, IL

San Antonio, TX

Philadelphia, PA

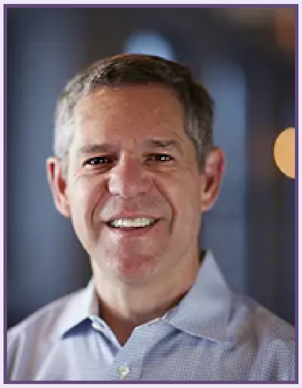
"Forever grateful!"

ITP CONFERENCE 2025
SPEAKERS

James Bussel, MD
Dr. James Bussel is Professor of Pediatrics, Medicine, and Obstetrics at the Weill Medical College of Cornell University in New York City. His training was initiated at Yale, continued at Columbia College of Physicians and Surgeons, then he completed a Pediatric Residency at Cincinnati Children's Hospital, and a Fellowship in Pediatric Hematology/Oncology at the combined Cornell/Memorial Sloan Kettering program. The great majority of Dr. Bussel's publications are centered around diagnosis and especially management of patient with ITP, including children with ITP, adults with ITP, pregnant women with ITP, HIV-infected patients with thrombocytopenia, and fetuses affected by autoimmune and alloimmune thrombocytopenia. He has worked with IVIg, IV anti-D, rituxsimab, and most recently the thrombopoietic agents. In 2012, he received the King Faisal Prize for Medicine, known as the Arab Nobel Prize. Dr. Bussel also serves on the PDSA Board of Medical Advisors.

Douglas Cines, MD
Dr. Douglas Cines is a hematologist and researcher at the University of Pennsylvania. Dr. Cines is a central figure in the field of immune thrombocytopenia, and his research focuses on the breakdown of tolerance in ITP including consideration of secondary ITP and the evolution of antiplatelet antibodies and the potential for epitope spreading. He has been published in several notable publications, including New England Journal of Medicine and Blood. Dr. Cines also serves on the PDSA Board of Medical Advisors.

Annemarie Fogerty, MD
Dr. Annemarie Fogerty is a Hematology Specialist in Boston, MA, with over 18 years of experience. She graduated from New York University School of Medicine in 2003, then went on to internal medicine residency at Massachusetts General Hospital. She completed her fellowship training at the Dana Farber Cancer Institute. She currently serves as the Clinical Director for Hematology and Director of Reproductive Hematology at both Massachusetts General Hospital and NewtonWellesley Hospital. Her particular areas of clinical expertise and research focus on thrombocytopenia and thrombosis in the pregnant patient. Dr. Fogerty also serves on the PDSA Board of Medical Advisors.



Al Freedman, PhD

Dr. Al Freedman is a psychologist, educator, and rare disease advocate with more than two decades of experience working with individuals and families affected by rare diseases and disabilities.

Dr. Freedman is inspired by his personal journey as the father of Jack, who lived with spinal muscular atrophy (SMA) for 26 years as well as his professional training and experience as an educator to provide counseling and consultation. He works with families, advocacy organizations, pharmaceutical companies, healthcare organizations, and schools to create meaningful support systems and impactful change within the rare disease and disability communities.

Terry Gernsheimer, MD

Dr. Terry Gernsheimer is Professor of Medicine at the University of Washington School of Medicine and the Medical Director of Transfusion at the Seattle Cancer Care Alliance. Dr. Gernsheimer's research focuses on the pathophysiology and treatment of immune platelet disorders and pathologic immune responses associated with transfusion. She has clinical research interest in transfusion management of the hematopoietic stem cell transplant patient and surgical bleeding in patients undergoing solid organ transplant and cardiovascular procedures. She has made significant contributions toward understanding the pathophysiology and management of ITP. Dr. Gernsheimer also serves on the PDSA Board of Medical Advisors.

Rachael Grace, MD, MMSc

Dr. Rachael Grace is a Pediatric Hematologist at the Dana-Farber/Boston Children's Cancer and Blood Disorders Center and an Associate Professor at Harvard Medical School in Boston, Massachusetts. She is the Medical Director of the Hematology Clinical Research Program at Boston Children's Hospital and is recipient of the Blanche P. Alter Investigatorship in Hematology. Dr. Grace received her MD from Brown University and received her Masters in Medical Science from Harvard Medical School. She completed her pediatrics residency at Boston Children's Hospital and pediatric hematology/oncology fellowship at the Dana-Farber/Boston Children's Cancer and Blood Disorders Center. She is the director of the pediatric ITP Consortium of North America (ICON), a collaboration of more than 50 sites in North America focused on improving ITP care for children. She is a leading investigator for multiple observational and interventional research studies for children with ITP and is involved in national ITP guideline initiatives. Dr. Grace's clinical and research interests are focused on improving outcomes of children with immune cytopenias and rare congenital hemolytic anemias. Dr. Grace also serves on the PDSA Board of Medical Advisors.

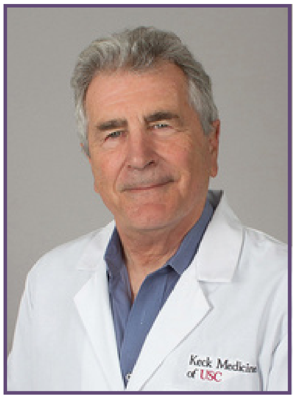
Kristin Hunt, MDCM, MSc, FRCPC
Dr. Kristin Hunt was diagnosed with chronic ITP at the age of 12 years old. She started volunteering and fundraising for PDSA in 2010 where she co-founded the ITP Kids Camp and she currently serves on PDSA's patient research panel. Determined to continue helping patients, she decided to build her career in medicine. She holds a Bachelor of Science in Microbiology and Immunology, and a Master of Science in Immunology from McGill University in Montreal, QC. She obtained her medical degree from McGill University and during that time, she co-founded McGill's first Rare Disease Interest Group. Kristin completed her pediatrics residency training at Queen's University in Kingston, Ontario and recently became a licensed pediatrician in June 2024. She is now completing her second and final year of subspecialty training in Pediatric Allergy and Clinical Immunology at the Hospital for Sick Children in Toronto, Ontario. Dr. Hunt hopes to use both her personal and professional experiences to continue helping ITP patients and all those affected by immune-mediated disorders.

Craig Kessler, MD
Dr. Craig Kessler is professor of Medicine and Pathology and Section Chief of Hematology at Georgetown University, where he also serves as the Director of the Coagulation Laboratory. A graduate of Tulane School of Medicine, Dr. Kessler received his speciality training in hematology and oncology at The Johns Hopkins Hospital. An international expert in the area of disorders of coagulation, Dr. Kessler has a particular interest in hemophilia. He also has expertise in the treatment of hematologic malignancies. Dr. Kessler also serves on the PDSA Board of Medical Advisors.

David Kuter, MD, DPhil
Dr. David Kuter is Chief of Hematology, Massachusetts General Hospital, Boston, Massachusetts. He earned a research doctorate (DPhil) at Magdalen College of Oxford University and a medical degree at Harvard Medical School. Dr. Kuter is Professor of Medicine at Harvard Medical School and Chief of Hematology at the Massachusetts General Hospital. In addition, Dr. Kuter sits on numerous national and international ITP committees and is board-certified in Internal Medicine, Hematology, and Medical Oncology. He has dedicated years of effort to researching coagulopathies, anticoagulation, and platelet disorders. In recent years, Dr. Kuter has conducted groundbreaking research into the development of effective thrombopoietic agents. Dr. Kuter also serves on the PDSA Board of Medical Advisors.

Michele P. Lambert, MD, MSTR

Dr. Michele Lambert is an Assistant Professor of Clinical Pediatrics at the Children's Hospital of Philadelphia and Medical Director of the Special Coagulation Laboratory at CHOP. She graduated from UMDNJ-New Jersey Medical School (now Rutgers) and completed her pediatric residency at St. Christopher's Hospital for Children followed by a year as Chief Resident. She then moved the Children's Hospital of Philadelphia where she completed her fellowship in pediatric hematology/oncology. She received her Masters in Translational Medicine in 2001. Her research efforts have focused on understanding the control of platelet production by megakaryocytes (the cells that make platelets) and the ways in which genetics influence platelet function and number in various clinical scenarios including ITP and inherited platelet disorders. Dr. Lambert also serves on the PDSA Board of Medical Advisors.



Howard Liebman, MD

Dr. Howard Liebman is Professor of Medicine and Pathology at the University of Southern California (USC) Keck School of Medicine, Los Angeles, CA. He serves as Medical Director of the Special Hemostasis Laboratory at the USC Norris Comprehensive Cancer Center and is Director of the fellowship program in hematology. Dr. Liebman received his medical degree from USC and completed his postgraduate training, including a residency in internal medicine and fellowships in medical oncology and hematology, at Los Angeles County – University of Southern California Medical Center. Dr. Liebman completed a research fellowship at Tufts University – New England Medical Center, Boston, MA, and held faculty positions at Tufts University and Boston University before returning to USC. Dr. Liebman's research interests include clinical management and characterization of haemostatic and thrombotic disorders, management of autoimmune blood disorders, and clinical therapy of HIV and AIDS. He has authored or co-authored 85 peer-reviewed publications and 26 reviews and chapters. Dr. Liebman also serves on the PDSA Board of Medical Advisors.

Ishac Nazy, PhD

Dr. Ishac Nazy is an associate professor of Medicine, Hematology & Thromboembolism at McMaster University. His research interests include the specific interactions between antibodies and their target antigens on platelets, leading to thrombocytopenia and/or thrombosis. Heparin induced thrombocytopenia and immune thrombocytopenia are great models for identifying key factors involved in the pathogenesis of the immune responses leading to low platelet counts. Dr. Nazy's research focuses on the cellular and humoral immunity and the downstream effects on platelet physiology.

Diane Nugent, MD
Dr. Diane Nugent is a Clinical Professor, Department of Pediatrics, University of California, Irvine School of Medicine and PDSA Medical Advisor. She currently serves as Chair, Hematology, CHOC Children's Hospital of North Orange County, Orange, CA; Medical Director, Hematology and Blood and Donor Services CHOC Children's; and Division Chief, Hematology, CHOC Children's Specialists. Dr. Nugent is a nationally recognized expert in pediatric hematology who specializes in blood disorders, bone marrow failure, bleeding and clotting disorders, anemias, and immune deficiencies. She is involved in clinical trials for rare blood disorders and is a principal investigator for regional hemophilia programs. Dr. Nugent has coauthored more than 100 journal articles and book chapters. She chairs review subcommittees at the National Heart Lung and Blood Institute (NHLB) at NIH in hematology. Dr. Nugent also participates in the Pediatric ITP Consortium of North America (ICON), a group of pediatric hematologists dedicated to improving the understanding, treatment, and quality of life (QOL) of pediatric ITP patients. Dr. Nugent also serves on the PDSA Board of Medical Advisors.

Michael Tarantino, MD
Dr. Michael Tarantino is a Professor of Pediatrics and Medicine at the University of Illinois College of Medicine – Peoria and Medical Director of The Bleeding & Clotting Disorders Institute. He received a doctoral degree in medicine from the University of Wisconsin School of Medicine in 1987. He completed an internship and residency at the University of Arizona Health Sciences Center and a Fellowship in Pediatric Hematology/Oncology at the University of Wisconsin School of Medicine. Dr. Tarantino first became interested in ITP during his residency in 1988. Since that time, he has designed and/or participated in numerous clinical investigations related to ITP and other platelet disorders. He has authored numerous publications relevant to the diagnosis and management of ITP, especially as it occurs in children. He is also active in hemophilia and other bleeding disorders research and founded The Bleeding and Clotting Disorders Institute in 2010. Dr. Tarantino also serves on the PDSA Board of Medical Advisors.

Deirdra "Dee" Terrell, PhD
Dr. Dee Terrell is an Associate Professor of Epidemiology in the Department of Biostatistics and Epidemiology at the University of Oklahoma Health Sciences Center and Assistant Dean for Sovereignty, Opportunity, Belonging, & Engagement. Her research interests include diseases of platelet disorders and improving life after recovery from thrombotic thrombocytopenic purpura (TTP). She has published over 70 peer-reviewed articles and is a National Institute of Health K01 awardee. Her K01 grant proposal focuses on improving the lives of patients after they recover from TTP. Her career development training focused on the theory and application of patient-reported outcomes. She is also an active member of the Guideline Oversight Subcommittee for the American Society of Hematology.

SPECIAL PROGRAMS

SATURDAY EVENING FUN EVENT

Join fellow patients, caregivers, and families Saturday evening after the Dinner Program for a special 90 minute **guided tour aboard an open-top, double-decker bus**. Explore nearly **30 iconic Philadelphia landmarks,** including Independence Hall, the Liberty Bell, and Ben Franklin's grave.

Pick-up and drop-off will be at The Logan Hotel. The tour will begin at 8:00pm EDT.

Registration for this event is closed.

SUNDAY KEYNOTE SPEAKER

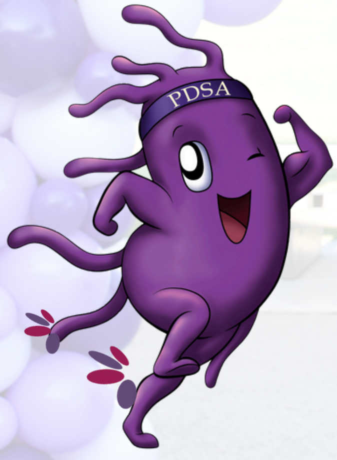
Sunday morning programming kicks off with our **keynote speaker, Al Freedman, PhD!** Dr. Al is a psychologist, educator, and rare disease advocate with more than two decades of experience working with individuals and families affected by rare diseases and disabilities.

Dr. Al is inspired by his personal journey as the father of Jack, who lived with spinal muscular atrophy (SMA) for 26 years as well as his professional training and experience as an educator to provide counseling and consultation. He works with families, advocacy organizations, pharmaceutical companies, healthcare organizations, and schools to create meaningful support systems and impactful change within the rare disease and disability communities.

Get involved with PDSA!

Pump It Up For Platelets!

Going the distance for the ITP community



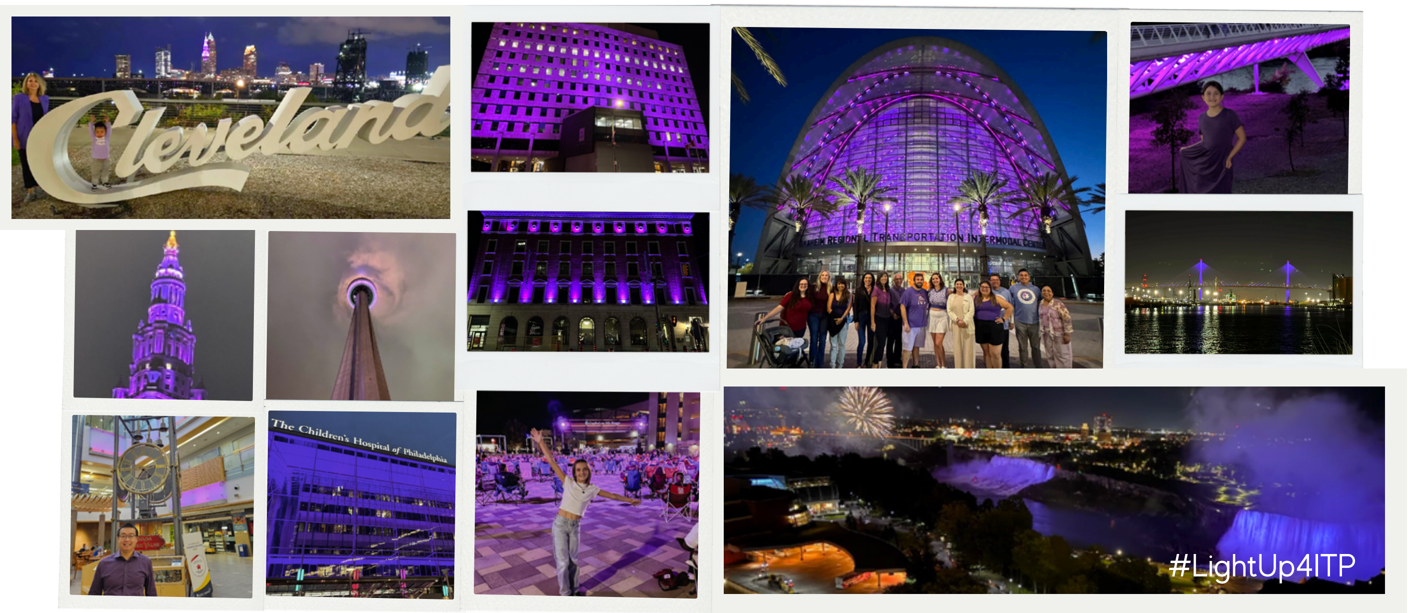
2025 Upcoming Events

August 9 - Locust Grove, VA - Classic Car Show
September 20 - Detroit, MI
September 20 - Highland, IL - Annual Devin Bowl
September 27 - London, ON, Canada
October 25 - Columbus, OH
October 26 - Orange County, CA
November 8 - Northern California - Hybrid
Dates TBD: College Station, TX; Meridian, MS

Join one of our community evets or host your own! No event is too big or small, and events can take place in-person or virtually. *PDSA is here to help you every step of the way!*

Shining Light on ITP

September is ITP Awareness Month, and we need YOUR help to Light Up For ITP!



Monuments lit purple across the U.S. during ITP Awareness Month 2024

Learn more at pdsa.org/itp-awareness-month

PDSA's ITP Patient Connect

Patient & Caregiver Support Network

We are here when and where you need us!

- Over 67 local support groups
- Parents of Kids with ITP Teleconference
- PDSA.org discussion forum

Find strength, support, and community with ITP Patient Connect
Visit **pdsa.org/support-groups** for meeting dates and details

Support Group Facilitators'
Breakfast and Workshop

Sunday, July 27
9:00-10:30 AM ET
Mt. Vernon

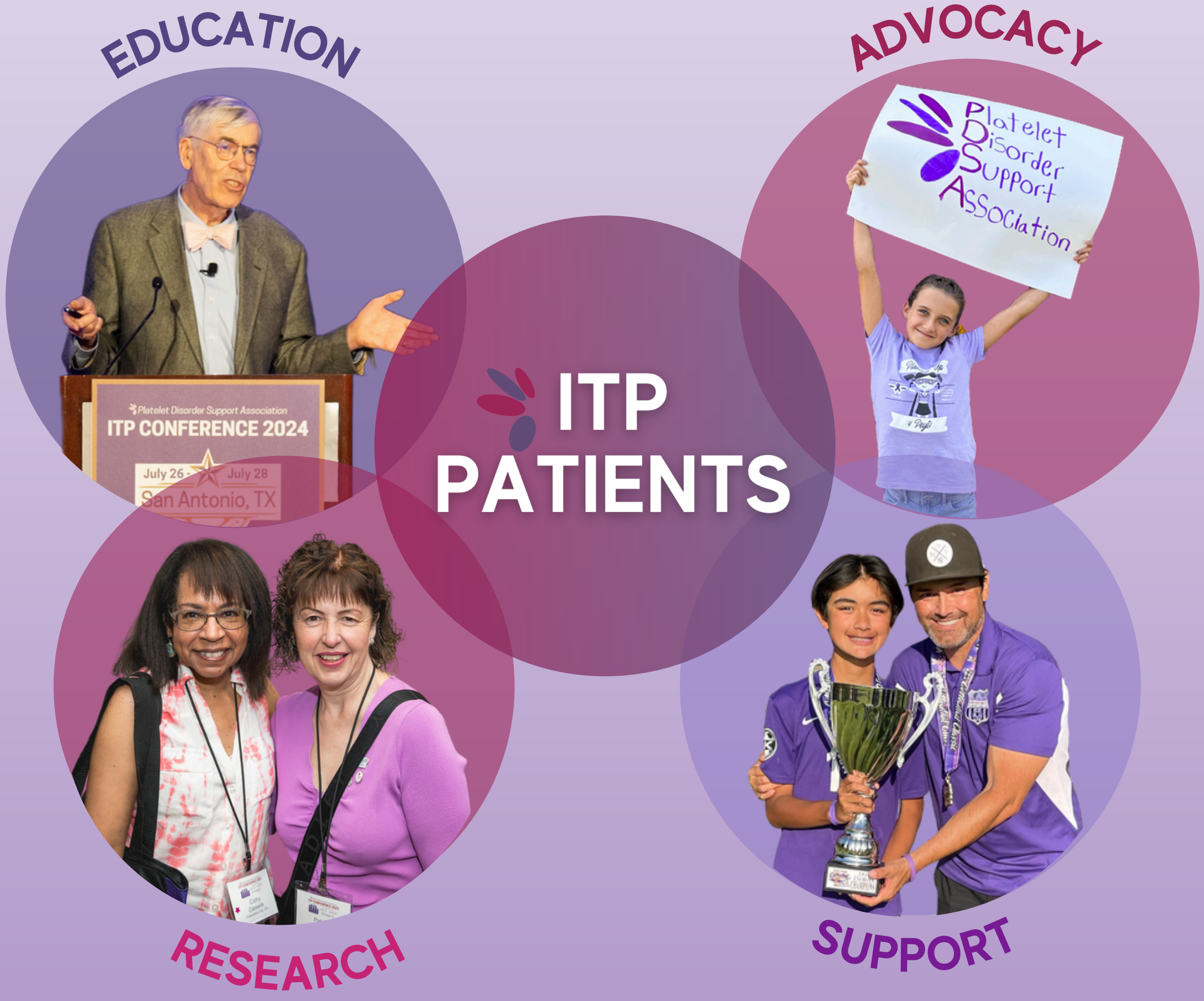
Those interested in starting a support group are welcome to attend.
Questions? See Jody Shy.

TOGETHER, WE KEEP ITP PATIENTS AT THE CENTER.

27 Years of ITP Leadership

PDSA Remains *by* Patients *for* Patients

PDSA intimately understands the ITP patient experience. Founded by an ITP patient in 1998, we remain patient-led today. The patient perspective is a differentiator for PDSA and the reason we are so passionate about our focused efforts in **EDUCATION**, **ADVOCACY**, **RESEARCH**, and **SUPPORT**.



SUPPORT PDSA TODAY! Visit pdsa.org/give

Join the distinguished society of supporters whose gracious gifts strengthen our financial independence, sustain our lifesaving work, and shape the future for ITP.

The **CIRCLE**
of
HOPE
A brighter future
for ITP

Circle of Hope Members donate or raise $1,000 or more within a calendar year for PDSA, and serve as PDSA's philanthropic leaders.

Visit **PDSA.org/circle-of-hope**

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Theresa & Pete Anastasakis
Karen & Adam Avrick
Cindy & Philip Ayliff
Deborah & Gerald Barnes
Gigi Barry
George Beckwith
Mary & James Benvenuto
Amita & Ranjive Bhalla
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Mary & James Ingmire
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Joan & Richard Jordan
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Josette Loeblein
Mary Lou Lyons
Katharine McCleary
Irma & Daniel Miles
Michael Mulder
Deborah & William Mulligan
Sandra Noykoff
Tracey Parker
Neelam Patel & Shailen Bhatt
Jeanne & Dan Pinnell
Jacqueline & Bruce Prescott
Patricia & John Proescholdt
Barbara & Peter Pruitt
Shirley Pruitt
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Jessica & Cody VandeVelde
Theresa & Tony Waxlax
Ilene Weitz, MD & Howard Liebman, MD
White Family Charitable Fund
Donna & Kent Winter
Susan & Lewis Wirshba
Cheri & Derek Zimmerman
Joyce & Dale Zimmerman

ITP CONFERENCE 2025

NOTES

FRIDAY

- The Phases of ITP
- Navigating the Patient Journey: From newly diagnosed to chronic ITP
- ITP in Teens: A medical overview (for teens and their parents)

ITP CONFERENCE 2025
NOTES

Inquire & Inspire: patients ask the experts and share personal stories

FRIDAY

- Canadian Patients and Caregivers
- For Teens Only
- Other groups based on geographic location

ITP CONFERENCE 2025

NOTES

SATURDAY

- The Pathophysiology of ITP: What we have learned these past 25 years
- When to Involve an Immunologist in Your ITP Journey: A professional and patient perspective
- When It's Not ITP: Testing and genetics

ITP CONFERENCE 2025
NOTES

Inquire & Inspire: patients ask the experts and share personal stories SATURDAY

- General ITP Questions
- ITP in Children
- For Women and Girls Only: Rare bleeding disorders during adolescence and pregnancy
- ITP and Aging: Addressing the unique challenges

Quality of Life in ITP: Fatigue, bleeding, oral health, cognitive impairment

SATURDAY

ITP CONFERENCE 2025

NOTES

ITP: New targets, new agents, and new possibilities

SATURDAY

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NOTES

SATURDAY

- ITP in Adults Q&A
- ITP in Children Q&A
- Challenges for Women with ITP Later in Life

Access to Care: Navigating the maze of ITP treatments

SATURDAY

ITP CONFERENCE 2025

NOTES

KEYNOTE - Meeting the Challenge of Rare Disease in the Family: 25 Years of Lessons Learned

SUNDAY

ITP CONFERENCE 2025

SPECIAL THANKS

We are thankful to the many people and corporations who helped make our 25th annual conference a success.

VOLUNTEERS AND AMBASSADORS:

Cathy Aldama
Raul Aldama
Isaura Arias
Anne Barry
Talon Crist
Jonathan Curtin
Maria de Jesus
Tammy Fassett
Lindsey Hoefft
Seppi Hoefft
Barbara Jacobs
Jim Jacobs
Joshua Kelly
Karen Kelly
Ken Kruse
Elly Marsh
Ria Marsh
Sharon Morgan
Jake O'Donnell
Marsha O'Donnell
Dawn Phillips
John Phillips
Benita Proctor
Chris Proctor
John Quirk
Samantha Quirk
Michael Scott
Porcher Scott
Allison Shy
Brenda Shy
Jon Shy
Hannah Trueblood
Tracy Trueblood

SPEAKERS:

James Bussel, MD
Douglas Cines, MD
Annemarie Fogerty, MD
Albert Freedman, PhD
Terry Gernsheimer, MD
Rachael Grace, MD, MMSc
Kristin Hunt, MDCM, MMSc, FRCP (C)
Craig Kessler, MD
David Kuter, MD, DPhil
Michele Lambert, MD, MSTR
Howard Liebman, MD
Ishac Nazy, PhD
Diane Nugent, MD
Michael Tarantino, MD
Deirdra "Dee" Terrell, PhD

PATIENT SPEAKERS:

Holly Bruno
Diana DiMeo
Tammy Fassett
Selena Gabat
Joshua Kelly
Kristen Prevost

Platinum Sponsors: Sanofi, Sobi

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ITP CONFERENCE 2025

EXPLORING PHILADELPHIA

We are excited to host ITP Conference 2025 in Philadelphia, Pennsylvania–a city steeped in American history and cinematic fame! From the **Liberty Bell** and **Independence Hall** to the iconic "**Rocky Steps**" at the **Philadelphia Museum of Art**, Philly offers a unique blend of historic landmarks and beloved movie moments. We look forward to a weekend of education and connection, and hope that outside of conference hours you'll explore the many attractions this vibrant city has to offer. For more information on fun and family-friendly things to do in Philadelphia, visit **pdsa.org/things-to-do**.

Betsy Ross House (including Once Upon a Nation Storytelling Benches)
239 Arch Street

Congress Hall
Chestnut Street at 6th Street

Delaware River Waterfront
121 North Christopher Columbus Blvd.

Edgar Allan Poe National Historic Site
532 North 7th Street

Independence National Historic Park
1 North Independence Mall

LEGOLAND Discovery Center
500 W. Germantown Pike, Plymouth Meeting, PA

Liberty Bell Center
101 South Independence Mall W.

Longwood Gardens
1001 Longwood Road

LOVE Sculpture
North 15th & Arch Streets

Philadelphia Magic Gardens
1020 South Street

Philadelphia Museum of Art
2600 Benjamin Franklin Pkwy

Philadelphia Zoo
3400 West Girard Avenue

Please Touch Museum
4321 Avenue of the Republic

Reading Terminal Market
1136 Arch Street

Rocky Statue and Steps
2600 Benjamin Franklin Pkwy

The Franklin Institute
222 North 20th Street

The President's House
600 Market Street

United States Mint
151 North Independence Mall East

Valley Forge National Historical Park
1400 North Outer Line Drive, King of Prussia


Liberty Bell Center


Delaware River Waterfront

Reading Terminal Market

FACT: WE NEED MORE DATA

TO TRULY UNDERSTAND HOW RARE ITP IS, WE NEED DATA, WE NEED *YOU!*

CONSIDER ENROLLING IN OUR ITP REGISTRY TODAY!

Platelet Disorder Support Association
Empowering ITP Patients

ITP Patient Registry

We all have questions. Together let's find the answers.

pdsa.org/registry

Platelet Disorder Support Association
ITP CONFERENCE 2025
PHILADELPHIA
The premier patient event

HOW DID WE DO?

Take the ITP CONFERENCE 2025 Survey by scanning this QR Code!

STRIVE FOR STABILITY, REACH FOR REMISSION*

NPLATE® OFFERS THE OPPORTUNITY TO REACH TREATMENT-FREE REMISSION* WITH NO FOOD RESTRICTIONS, NO LIVER MONITORING AND NO KNOWN DRUG INTERACTIONS

For adults with immune thrombocytopenia (ITP) right after steroids, once-weekly Nplate® is a platelet booster that works with your body to boost and maintain platelet counts.

Visit the Amgen booth to access resources and learn about our patient support programs.

*Treatment-free remission defined as stopping all ITP treatments and maintaining platelet counts above 50,000 per microliter for at least 6 months. This occurred in 32% of patients (24/75) and was the secondary objective in the Nplate® clinical study. The main objective of the study was to look at how platelet count responded to Nplate®. In the study, 61% of patients achieved and maintained a platelet response for ≥ 11 months (n = 46/75).

Stay up to date with Nplate® Scan the QR code to receive additional resources.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about Nplate®?
Nplate® can cause serious side effects, including:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate® is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS), or for any condition other than immune thrombocytopenia (ITP). If you have MDS and receive Nplate®, your MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia you may die sooner from the acute leukemia.

- **Higher risk for blood clots:**
  - You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate®. You may have severe complications or die from some forms of blood clots, such as clots that spread to the legs (Deep Vein Thrombosis), lungs (Pulmonary Embolism) or that cause heart attacks or strokes.
  - You may get blood clots in the veins of your liver (Portal Vein Thrombosis) with or without chronic liver disease that may affect your liver function.

- **What are the possible side effects of Nplate®?**

Nplate® may cause serious side effects. See **"What is the most important information I should know about Nplate®?"**

The most common side effects of Nplate® in adults include:

- headache
- joint pain
- dizziness
- trouble sleeping
- muscle tenderness or weakness
- pain in arms and legs
- stomach (abdomen) pain
- shoulder pain
- indigestion
- tingling or numbness in hands and feet
- bronchitis
- inflammation of the sinuses (sinusitis)
- vomiting
- diarrhea
- upper respiratory tract infection
- cough
- nausea
- pain in mouth and throat (oropharyngeal pain)

- People who take Nplate® may have an increased risk of developing new or worsening changes in the bone marrow called "increased reticulin." These changes may improve if you stop taking Nplate®. Your healthcare provider may need to check your bone marrow for this problem during treatment with Nplate®.

- **These are not all the possible side effects of Nplate®.** Tell your healthcare provider if you have any side effect that bothers you or that does not go away. For more information, ask your healthcare provider or pharmacist.

- If you have any questions about this information, be sure to discuss with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit **www.fda.gov/medwatch** or call 1-800-FDA-1088.

How will I receive Nplate®?

Nplate® is given as an injection under the skin (subcutaneous) one time each week by your healthcare provider. Your healthcare provider will check your platelet count every week and change your dose of Nplate® as needed. This will continue until your healthcare provider decides that your dose of Nplate® can stay the same. After that, you will need to get blood tests every month. When you stop receiving Nplate®, you will need blood tests for at least 2 weeks to check if your platelet count drops too low.

APPROVED USE

Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in adults with immune thrombocytopenia (ITP) when certain medicines or surgery to remove your spleen have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS), or low platelet count caused by any condition other than immune thrombocytopenia (ITP). Nplate® is only used if your low platelet count and medical condition increase your risk of bleeding. Nplate® is used to try to keep your platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make your platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 1.

Please see **Prescribing Information and Medication Guide** for more information about Nplate® on Nplate.com.

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